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Reverse Parenting

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We the young adults, who fall under the category of millennials are a combo of Gen x and post-millennials. Although our childhood wasn't full of gadgets, we were the ones who witnessed the technological shift. We learnt to make trunk calls and even experienced mobile coming in the market charging not only for its outgoing but also for incoming. In the early years of the current century we came across social media (Orkut, Facebook, etc.) but then we understood it was just the beginning. Today, when we live on a planet which is completely equipped with Artificial Intelligence, there is a huge change in human life. Where we depend upon Alexa to remind us about our schedule or google maps to show us the route not to forget, starting off our day with social media instead of newspapers.

Keywords

- Shift
- Technology
- Parents
- ABC
- Equipment

Introduction

Thus, this shift in technology got few changes in the learning process. Where we learnt a large number of things from our parents starting basically with the ABC.. (Alphabets) but now it's the time to teach our parents the ABC.. of technology. It was easy for them to operate a mobile but android coming into picture has completely changed the concept of operating mobile which was initially to make calls or messages and then the concept of Reverse Parenting comes in the picture. Now what is Reverse Parenting? Reverse parenting is typically when parent and child roles are reversed.

Was it only me who thought my parent to operate a smart phone?? I don't think so, everyone who are reading this might connect themselves with me. It was not easy for us to make them understand how they have to use google but then all thanks to its audio option which helped them to speak and find instead of write and find. Now where world is at figure tips, entertainment industry was not behind, though it be a spiritual song over YouTube or a missed daily soap on video streaming platform. They were curious to learn them and operate in our absence.
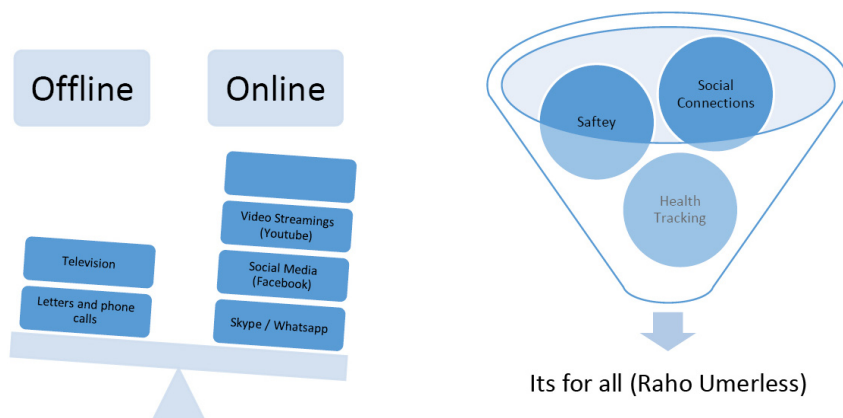
Source: https://www.freepik.com/premiumphoto/old-asian-father-daughter-daughterteaches-elderly-father-use-mobilephone_5376653.htm

Journey begins here, all our parents want is to learn how to operate all these technologically equipped devices like a smart Television, Echo device, or an Uber ride and many more. Smartphones being just one of those was a major source to get connected to the present world. Initially the early adopters grabbed their hands on such devices but today we find approximately every 3rd individual carrying them. Though it being a school going children for their online classes or a senior citizen expecting a video call from their children's living across the borders

Its for all (Raho Umerless)

The transmission from offline to online was difficult to them but starting their journey from a keypad device to touch was more interesting. Though it was not counted as a necessity but it was the demand of time. Where we are getting more in Globalization and away from parents for work or studies. They are home just to see a glimpse of us over a video call.

Although there will be no technology to substitute in-person human interactions, video chat services like Skype or Internet-based contact networks like email and social media are great support to our parents or grandparents to get in social connection, if visits to friends and family are either not possible or too rare. They can search on the internet through their local senior centre, or a tech-savvy Child/ Grandchild can set them up and teach them the ropes. Though they might end up asking you the same questions repeatedly or end up making some mistakes while they are learning but then we can't forget even if we didn't learn our alphabets in a day or two.

Keeping social connection on hold even helps elderly people who live alone by just pressing a button. Numerous technical solutions are available to make them feel secured. They can learn how to use the Personal Emergency Response System (PERS) on their device. Both the elderly and their families should feel secured. A variety of GPS monitoring systems which can track the position of a them and send warnings are great instruments to caregiver resolving their fear towards their loved ones and avoid life-threatening or fatal situations. So, making them learn the device not only got them connected to their long lost friend but made us feel relief to an extent.

Smartphone apps and cloud-based health information tracks can help our elderly people and family caregivers maintain an organised and handy information, including medical history, medical contacts, schedules for medications and health conditions. People like us or Caregivers can also get access to a complete set of information like the number of steps they have walked, any physical exercise they have performed. Check their pulse rate etc. but then nothing is free of cost. Money is not the cost here but the time 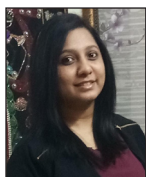is. Taking our time and teaching them to check their heart rate or exercise time is more important because it's them who taught us to be prepared than regret.

Initially when I started my journey towards parenting my parents and grandparents about such devices, I perceived it would be good if they just learned to make a WhatsApp call or send a voice note but my journey never stopped there. My mother knocked on my door early in the morning just to learn how she can play a spiritual song in it. Later just a few days down the line she comes to me and asks me to create her Facebook account. Now that bulged my eye out and I understood that it is truly said learning is a never ending process, all we need is to start from the start. Encouragement and time spent to make them learn are basic medicine we can give them to be in the modern globe full of technology.

Medication being their prime stick of life it's important that they won't miss it. Many of our people find it difficult to monitor their medicines. We being young adults tend to forget many things but with keeping their age in mind another important lesson we need them to learn was to make them set reminders. Though it be AI equipped device like Alexa or else a simple alarm application on phone

Conclusion:

Youth can turn their attention on older people who cannot use technology as easily as they can, but it is incorrect that older people cannot use technology. It is just that they started their journey little late. I won't say that they would cross the winning line first but they are not among leaving the race in the middle if started once. Parenting them is quite easy for us because we are dealing with a matured brain which can understand things quickly but then it is truly quoted practice makes a man perfect.

Namratha Sharma has been working in the Department of Commerce Nizam College, Hyderabad Since September 2014. She has finished her M.Com (IS) with distinction and is University first rank holder. The area of her interest is Marketing, Human Resources and Finance. She has qualified the State Eligibility Test (Eligible for Assistant Professor) conducted by the state government and is presently pursuing PhD in Marketing from Osmania University, Hyderabad. She has more than ten research papers published, Paper presentations in National and International Conferences and attended around workshops/seminars. She participated in Faculty Development Programmes. She looks forward to learning new things in the area of research. She has good knowledge over statistical softwares like SPSS, AMOS and Smart PLS.

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Annexure I

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Reviewers Comment

Reviewer's comment 1: The author has come with a new concept "Reverse Parenting" and the article totally justifies it. The article clearly mentions the paradigm shift observed in the learning process with the advancement in technology.

Reviewer's Comment 2: The experience of the author is relatable to all the generations. It is rightly concluded that technology has touched all the generations and is being accepted by all.

Reviewer's Comment 3: The article comes with a new thought to work upon.It brings a new idea for the researchers to consider.A detailed study on the topic would bring out some excellent results.

Editorial Excerpt

The article has 0 % of plagiarism which is an accepted percentage for publication. The finding related to this manuscript. Reverse Parenting. Reverse parenting is completely accurate in days like these. I have been teaching my parents a lot of technical stuff only just.

It has been earmarked finalized for publication under the category of "**Scrutiny Tip** (ST)"

Acknowledgement ✋

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Citation